

7 September 2020

Dear Parent/Carer

Y11 PE lessons on Thursdays

It was an absolute pleasure to see our students back in the academy last week and so well prepared with their trainers, ready to go. Our focus for the Y11 PE curriculum is very much aimed at students being active and supporting their mental health.

Under the current guidelines and facilities available, it is not suitable for our Y11 students to access the PE changing rooms. Our PE changing rooms are currently in the process of being extended however in the short term alternative measures are being put in place.

All Y11 students have PE on a Thursday afternoon and to support in the delivery of practical activities **students should attend the academy on a Thursday morning already wearing their purple PE polo top**, rather than their shirt and tie. The remainder of the school uniform should be worn as normal. There will be appropriate indoor space for students to get changed into their shorts/tracksuit trousers, should they choose to. Trainers will be required for PE lessons however these should remain in the students' bag until the PE lesson.

Where possible lessons all take place outside and will initially focus on Rounders. Where this is not suitable due to the weather alternative activities including Table Tennis, Les Mills 'Born to Move' and Yoga will be delivered.

Please do not hesitate to contact me if you require any further information via n.hill@bydales.outwood.com.

Yours faithfully



Nicole Hill
Associate Assistant Principal & Head of Physical Education