



# Short Breaks for Disabled Children, Young People and their Families

## Information for Parents and Carers

### What is a Short Break?

**Short breaks** provide opportunities for disabled children and young people aged 0 – 25 years, to spend time away from their primary carers. They aim to provide parents and carers a necessary and valuable break away from their caring responsibilities to recharge their batteries. They enable children and young people to have the chance to develop new friendships, take part in new experiences and to have fun doing positive activities such as swimming, youth clubs, days trips with friends and much more.

Redcar and Cleveland's Short Breaks are provided to you by our own staff and by specially selected organisations to deliver services on our behalf.

Some services are '**Self Referral**' where you make direct contact with the organisation and some require a '**Social Worker Referral**' where you will work with your Social Worker to decide which service will best meet your child's needs.



## What is Redcar and Cleveland's offer?

### Self-Referral Services

1<sup>st</sup> September 2019 – 4<sup>th</sup> April 2020

Our **Self-Referral Services** will be renewed every year. We do this because we want you and your child to be involved in the development of these services and we understand that family's needs may change and what we offer one year might not be what families want the following year. We will do this by creating and issuing a survey to capture this valuable information. The services will then be refreshed to reflect what families need.

Organisation	Type of Service	Age Range	Eligibility	Contact number
Daisy Chain	Holiday Club	12 – 17 years	Diagnosis or on the pathway to diagnosis	01642 531248
Main	After School and Holiday Clubs	5 – 17 years	For children and young people who require 1:3/1:4 staffing	01642 608012
Sport Works	After School and Holiday Clubs	5 – 17 years	An assessment will be undertaken prior to attendance to confirm suitability	07377 531950
Join Us and Join Us +	After School	11 years +		01642 513696
Play Scheme	Holiday Club	5 – 17 years	Diagnosis or on the pathway to diagnosis. For children and young people who require 1:1 – 1:4 staff An assessment will be undertaken prior to attendance to confirm suitability	01642 513657



## Social Worker Referral Services

**October 2019**

Redcar and Cleveland will continue to add new **Social Worker Referral Services** to the Short Breaks Offer. If you are interested in any of the current services, please discuss with your social worker. If you do not have a social worker but feel you need more support, please ring our Children's Hub on 01642 130700.

Organisation	Type of Service	Age Range
Caremark	Domiciliary Care PA Support in the Community	0 – 25 years
Main	PA Support in the Community	5 – 25 years
Daisy Chain	After School and Holiday Groups – the LA will purchase a place at one of Daisy Chain's established groups  12 groups available	3 – 17 years
Main	After School and Holiday Groups – the LA will purchase a place at one of Main's established groups  15 groups available	5 – 25 years
Avalon	Shared lives – trained carers open their home to offer a placement to young people	16 – 25 years
Calvert Trust Keilder	Respite care with outdoor activities	18 – 25 years
Huntercombe House	Residential Care	6 – 18 years
Woodlands	Residential Care	9 – 19 years
Zoe's Place Baby Hospice	Respite Care	Birth – 5 years

## Where can I find more information?

More detailed information on each of the services is currently being uploaded to the Short Breaks section on our SEND Local Offer:

